

HUDSPETH REGIONAL CENTER NEWSLETTER



1 FEBRUARY 2024

ROSES ARE RED,
VIOLETS ARE BLUE.
HRC HAS LOVE,
AND WE HOPE YOU DO
TOO.

CANDIED-HEARTS,
FLOWERS AND CARDS,
JOIN THE FRIENDS OF
HUDSPETH CENTER
AND YOU'LL ALWAYS BE
IN OUR HEARTS!

Points of Interest.

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*Contact Timila Bell if you'd like to join the Friends of Hudspeth Center
timila.bell@hrc.state.ms.us or 601-664-6017*

hudspeth.info

Facebook & Instagram: @hudspethregionalcenter



STEWSPOT VISIT

It doesn't have to be the month of November or December to fall into the spirit of giving back. On January 19th, some of HRC's Directors volunteered at Stewspot located in Jackson, MS. The group was split into two shifts. The first shift restocked the pantry and sorted items in the clothing closet. The second shift served spaghetti lunches to those in need. The large mounds of clothes and food trays were justified by the need within the community. Stewspot Services is always in need of volunteers and donations. May this be the first of many more visits to come.

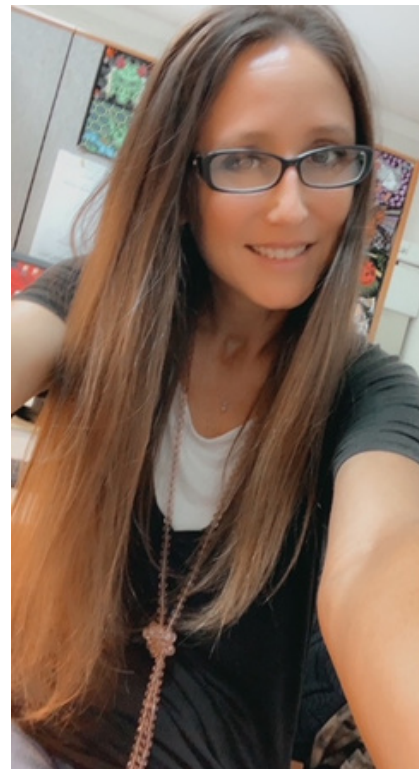


HAPPY RETIREMENT!

After 29 years, Gary Morris has retired from HRC. Mr. Morris served the latter part of his career in the Transportation Department as an auto-mechanic. When asked what he's most looking forward to post retirement, he stated getting his own auto-mechanic shop up and running; spending time with his parents; and travel. His fondest HRC memory was in 1997 taking the individuals fishing, to the rodeo, and to the coast. He also enjoyed playing flag football against the HPER Department; as well as playing on HRC's softball and basketball teams. He hopes his lasting impression at HRC will be his accomplishments; and maintaining the vehicles, lawn mowers and trams. Mr. Morris said, "I am not replaceable!"

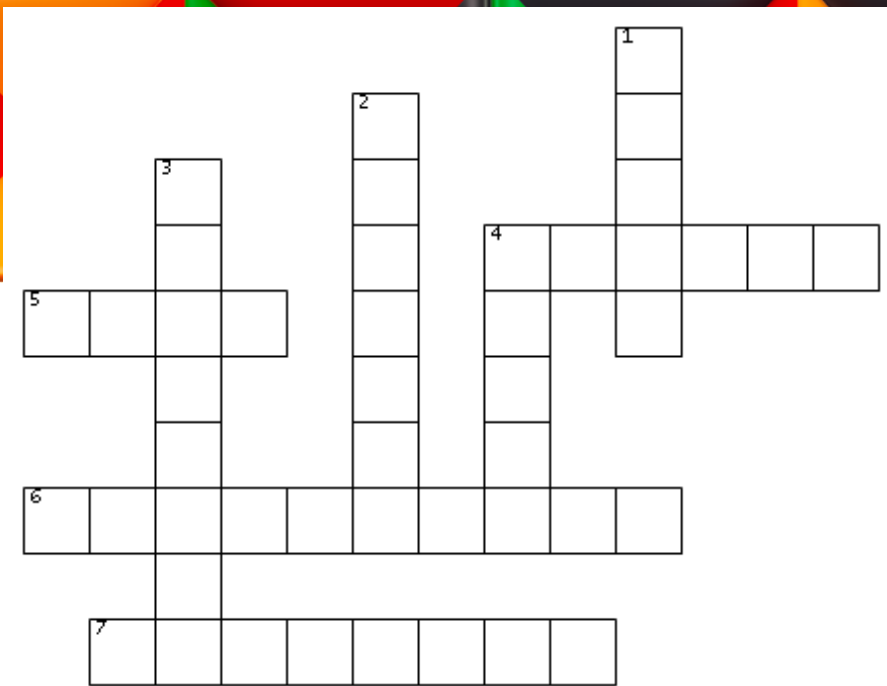


Stephanie Hemphill has served as the Administrative Assistant at Louisville Group Home for the past 25 years. Her post-retirement plans include baby-sitting her twin grandbabies. Her fondest memory of HRC is how pleasant and welcoming the environment is. Her advice to anyone beginning a career with the State was to stay 25 years and began working early. When asked what she'd like her lasting impression to be she said, "I just hope everyone enjoyed working with me as much as I enjoyed working with them."



Congratulations to Gary Morris and Stephanie Hemphill on their retirements!

BLACK HISTORY CROSSWORD PUZZLE



ACROSS

4. FIRST AFRICAN-AMERICAN NOBEL PEACE PRIZE WINNER (LAST NAME)
5. PRESIDENT THAT OFFICIALLY RECOGNIZED BLACK HISTORY MONTH (LAST NAME)
6. SUMMER HOLIDAYS THAT COMMEMORATES THE EMANCIPATION OF BLACK SLAVES
7. CIVIL RIGHTS ACTIVIST AND LEADER OF THE NATION OF ISLAM

DOWN

1. THIS BURROUGH IS KNOWN AS THE BIRTHPLACE OF HIP-HOP
2. CHARLES EVERS WAS ELECTED MAYOR TO THIS TOWN
3. THE FIRST STATE TO ELECT A BLACK GOVERNOR
4. FIRST IVY LEAGUE SCHOOL TO EMPLOY AN AFRICAN AMERICAN AS PRESIDENT

***Once completed, visit Public Relations for a treat.**

HEART HEALTH MONTH

What comes to mind you think about the month of February? Candy-coated hearts for your Valentine? Perhaps all the African Americans who contributed to and shaped our country? Those initial thoughts are appropriate, however, most are unaware that February is American Heart Month. February 2nd is National Wear Red Day, so clad yourselves in rouge all in the name of cardiovascular health.



Monica Evans



Stephanie Campbell

EMPLOYEES OF THE QUARTER

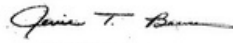
Congratulations to Stephanie Campbell and Monica Evans for being the Employees of the Quarter (4th)! Stephanie Campbell is a timekeeper in Human Resources. Monica Evans is a Support Care Professional at Brandon Group Home. The Employee Incentive Recognition Committee voted and were present to award these ladies with a \$150 check and certificate. Well done, ladies!

The Director's Note

Volunteering at Stewpot in Jackson was the perfect way to kick off the new year. I appreciate all the Directors who were able to volunteer their time at that location. I look forward to more community service projects. Congratulations to the retirees- Gary Morris and Stephanie Hemphill! Thank you for your years of service to HRC.

Be mindful of the trends in COVID+ cases. Continue to practice the protocols that are in place. Do not hesitate to get tested if you begin experiencing symptoms.

Sincerely,



Jerrie T. Barnes
Facility Director



BE MY
VALENTINE?

FOHE member

Important Dates in February

- 5-8th: Orientation
- 8th: Heart Health Activity
- 9th: Blood Drive
- 13th: Fat Tuesday/MANDT Recertification
- 14th: Valentine's Day/Ash Wednesday
- 19th: Presidents' Day
- 21st: Service Awards/Advanced MANDT
- 23rd: CPR Class

Now Available: Interview with Faye Simon, Editor-In-Chief of EP Magazine



**DAD TO DAD
PODCAST**

Fathers mentoring fathers of kids with special needs
Presented by the Special Fathers Network. Host David Hirsch interviews some amazing fathers of kids with special needs.

CLICK [HERE](#) TO LISTEN TO THE DAD TO DAD PODCAST FEATURING
FAYE SIMON, EDITOR-IN-CHIEF OF EP MAGAZINE

www.21stcenturydads.org/special-fathers-series



For any submission requests or feedback, contact Timila Bell, Public Relations, at (601) 664-6017 or timila.bell@hrc.state.ms.us